

KOCKHOLMEN

Enjoy a hike on Kockholmen peninsula, part of Kosterhavet National Park. Part of the trail out to Kockholmen passes through Västra Rossö nature reserve.

GEOLOGY AND HISTORY

You can find a number of interesting geological formations on Kockholmen. Features include cobble fields, giant's kettles and porphyry dykes. It is a hilly peninsula, where these ancient rock formations sit alongside old pine forests and small areas of pasture and deciduous forest. The original name is Kackholmen, and this is what appears on most maps, but pronounced in the local dialect it becomes Kockholmen. On the eastern side are the remains of the Kackholmstorpet croft, where several generations of fishermen lived in the 19th century. A fisherman from the croft built a fisherman's cabin by the Getestigberget mountain, where the remains of the building can still be seen. You can find both Kackholmstorpet and the fisherman's cabin (Sjöboden) on the map.

REGULATIONS

Bear in mind that it is not permitted to:

- dig up plants
- introduce species or populations that are alien to the area
- take a dog with you that is not on a lead
- start a fire anywhere other than at the designated, prepared sites
- cycle or operate a motor vehicle other than on roads
- take away or move stones
- collect oysters
- go hunting in the national park
- camp at the same location for more than two days.

HIKING

The trails pass through forests and over rocks.

It is just over 2 km from the car park to the southern headland on Kockholmen. If you take a detour along the blue trail around Getestigberget, you are rewarded with a panoramic view over Kosterhavet. The trail passes a large opening in the mountain, a formation created by melt water during the Ice Age. This is also where you find the giant's kettles.

The orange trail passes through a forest of red oak and beech, and then onwards through the pine forest to the meadow at Yttre Edet. Here you can walk either out to Sejebågen or to the porphyry dykes.

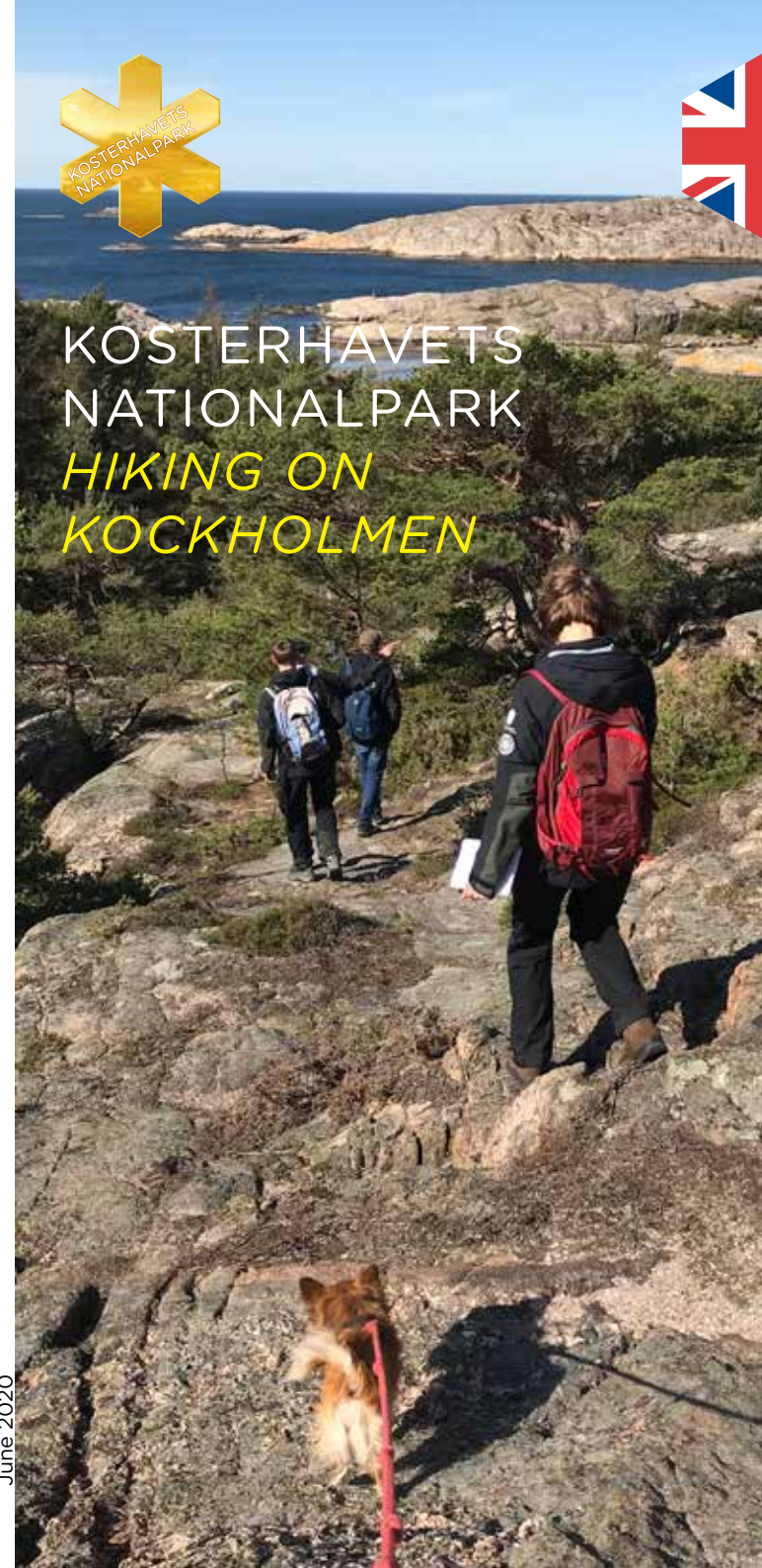
The blue trail over Getestigberget passes through some areas of rough terrain. The eastern part of the orange trail also has some more difficult sections along the mountain. The western orange trail is the easiest, although this too goes up and down in the mountains. Kockholmen is not accessible for prams or wheelchairs. As you walk around, you may come across a flock of sheep, which graze here during the summer.

BATHING AND BARBECUE SITES

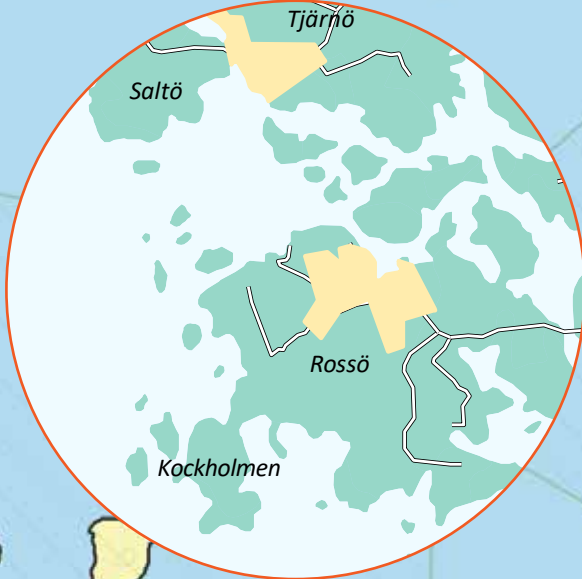
There are three fireplaces provided here. These are marked on the map. If you want to use them, you need to take your own wood. If you want to bathe, there is a large sandy beach just to the west of the car park. You can also bathe from the rocks on Kockholmen. Make sure you look out for sharp Pacific oysters on the seabed. You can find more information about Kosterhavet National Park at the Rossö entrance in Rossöhamn and at kosterhavet.se






Länsstyrelsen
Västra Götaland



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LEGEND

-  Getestigberget
1,3 km
-  Sejebågen
2 km
-  NATURE RESERV
-  INFORMATION
-  VIEWPOINT
-  TOILETS
-  PARKING
-  LITTER BIN

